

# Queen's Birthday

## Orienteering 3 day

### 5 – 7 June 2004

## Results

Incorporating the elite grade NZ / Australia test match  
and the finals of the Super Series elite competition

Counties Manukau OC  
North West OC  
Auckland OC



CMOC, NWOC and AOC hope that all competitors enjoyed the challenges of Auckland sand dune terrain over the 3 days of Queen's Birthday 2004. A big thank you is due to the setters and controllers for each day, as well as the all people who helped with the running and administering of each event.

Overall we were very lucky with the weather conditions given the gale force westerlies over the weekend. Only late starters on Saturday were caught out in a very strong squall and many people received a sand blasting while on the open dune areas on Sunday and Monday. The only significant hiccup over the weekend was a computer failure for part of Saturday afternoon. This was due to a hardware problem in the PC. The Sportident equipment continued to operate and record competitors' finish times.

The elite test match against Australia saw very close racing between the two teams, but with NZ winning overall as expected on home terrain. The next test match against Australia is in September, in Australia.

These results give each competitor's time for each day, aggregated time over the 3 days and overall placings based on the total 3-day time. Detailed split times for each competitor for each control are available from:

Day1: [Split times on WinSplits Online](#)

Day2: [Split times on WinSplits Online](#)

Day 3: [Split times on WinSplits Online](#)

Setters / controllers comments on each day.....

### **Day One – Kelland Road – Wayne and Tricia**

Kelland Road map is not a large area and the exposed nature of the terrain dictates that the Assembly, Start and Finish areas be in sheltered positions. We hope you appreciated the somewhat strenuous walk to the start. The greatest challenge was to provide classic length courses for the Elite Test series and to provide good courses for all with a limit on the number of controls we had for our use. We haven't set up with sportident units before and although in cattle country one always has to check every control on the morning of the competition, usually just sighting the control is enough, and so the fact that every control needed to be physically visited we surely appreciated the help from Rob Crawford(most of the middle section) and Roz Clayton(white course and a couple of yellow) in the placing of the bricks.

We were pleased that winning times were as expected. Thankyou for your appreciative comments. We definitely have the impression that you all enjoy route choice. Although thanks go to all Club helpers, special thanks must go to Bev and Lyndsay Shuker for all the gear set-up, to Bob Hattie for his computer skills in getting us set up for printing and the team in the Finish tent. Joanna and Alistair Stewart also seem to be a permanent part of the scene in these sportident days. The time given is appreciated by all.

### **Day 2 – Otakanini Coastal – Rob Garden**

This was a delightful area to set on, especially helped by the recent map update by Wayne and Trish Aspin. The biggest problem was with the motorcycle tracks that were indistinct as they had been unused for a while but would have become very distinct overnight if ridden on. Luckily this did not happen! For the future, there is more terrain to the north of this map and more mapping is planned. With the advent of sport ident it was possible to use a very small area, although most courses could have been a little longer. A huge thanks to my controller, Chris Gelderman, who did by far the most work, especially the Ocad work. Overall it was a very enjoyable area to use and it was pleasing to hear all the positive comments.

### **Day 3 – Hobbit Woods – Jeff Greenwood**

Having now caught up on some lost sleep I can write a few words on the 3rd day of the Queen's Birthday event at Hobbit Woods. This map presented some unique planning challenges with its long thin profile, and it became even longer with an extension field worked by the Aspins and put into OCAD by Alistair Stewart. There was the requirement of elite courses worthy of international competition, preferably with a spectator control and an easily viewed finish, and a multiday format for all the other grades. I added my own stipulation of no map changes for the elite courses. The map for Course 1 ended up being split into two pieces with an overlap in order to fit onto an A3 page. I believe that this was handled OK by the competitors, or have yet to hear otherwise. I used the results of the National Short O Champs held on this map last year as my main guide for estimating the elite km rate for a longer length event. All of the other course lengths were calculated for a multiday event according to the NZOF percentage guide. The elite grade winners came close to the requested winning times of 80 min for men and 65 min for women, so the other courses should have been "about right." But some winning times were much longer than expected. The terrain is no doubt punishing on errors, but I hope that no one was too grumpy about being out longer than they had planned. Putting out the sportident boxes on race day was not short of its drama. My controller Mark had to hobble around (against his physio's orders) with a plastic brace holding the bones of his lower leg and ankle together. I lost a control box at some point, where it must have slipped out of the carry belt. If you happened to run past one lying on the ground and can remember whereabouts, please let the club know ([auckoc@hotmail.com](mailto:auckoc@hotmail.com)). I almost trod on a pheasant at one point and down at the southeastern end of the map I disturbed a very impressive looking stag. I'm glad it was the stag who decided to run away. Might have been a different story a few months ago. Many thanks to Mark for his guidance, and to all the other club members who helped out and got things ready for and on the day. Also big thanks to the D-squad and others who collected all the controls. If you have any comments on or (constructive) criticism of your courses please let us know ([auckoc@hotmail.com](mailto:auckoc@hotmail.com)). That's how we'll get better.

### **And from the other half of day 3 – Mark Roberts (abridged)**

We knew we had something special to offer on this map: the opportunity to run in open, runnable, flat, beautiful forest and make a complete mess of it. I'm pleased to say that's exactly what happened to quite a lot of runners. I guess this was my swansong so it needed to be a good one and it was a corker. Jeff made me look good - thanks Jeff - while John and the Gang had so much fun, working together to get the job done.

The results are fascinating reading. The elites nailed their estimated winning times and astonishingly had median times which were only a few minutes longer. Rob won in 7.2 mins/km while Marquita took 8.8mins/km. Outside the elites, only three runners in M16A and three in M10 cracked 10 mins/km. One factor that we didn't allow for was the sheer process overhead of finding and clipping as many as 30 controls, but even that can explain away only a few minutes.

In many senior grades, a heap of shockingly long times were balanced by winning times right on the nail turned in by the competitor who got it right on the day. A lot of the grades with fewer competitors had very long winning times, with winning rates varying from 12 to 40 minutes per km. If this had been a steep, green, slippery, grunty map with hidden controls I would be apologising for misestimating course lengths. But it wasn't, so I won't. I think those competitors will agree they had no-one to blame but themselves! Examining the splits online it becomes obvious that almost everyone made multiple significant errors.

Course setting and site scouting was a doddle because Jeff's damn good. The area is great and the map's a beaut; most of our control sites were the first place we looked, which proves it's a very nice map because Jeff and I are both very picky. We even largely avoided reusing control sites from earlier events.

We encountered a few interesting problems. There were so many blowouts on the coastal dunes, some mapped, some so new they weren't, that our confidence in that strip of the map dropped, and we reduced the number of controls out there, reckoning that the competitors wouldn't mind at all. It seems they didn't. The tracks we were relying upon for the white and yellow courses proved very variable and sometimes invisible so I made a rather nasty looking rake to improve them the day before.

I prefer to minimise control visits so we decided to plant stakes and flags in the forest as we scouted together as much as five weeks in advance. That way they are visited only four times (setter scout, controller scout, SI box plant, collect.) I assured Jeff it was such a remote area that no-one would find them. Two days later I lay on my dentist's chair with my mouth full of steel things while he told me all about going for a run and finding lots of our controls!

This was my first SI event and gosh did I learn a lot (*several paragraphs edited out here*)...

Apologies to those who struggled with the coastal control (148), which seemed to be in the open despite being shown on the map under trees. This was the result of an unfortunate printing glitch. The area is mapped as semi-open plus green stripe, which is a reasonable representation of what's on the ground. On the inkjet printed maps we planned the course with, the semi-open came out fine. On the laser printed maps you ran with, it looks like white. Oops.

Finally, well done the NZ team for their win. But weren't the Aussies amazing to do so well in our terrain? I wonder how long it will take me to get used to their terrain...

### Elite Test match - NZ's Pinestars v. Australia's Bushrangers – NZ coach Wayne Aspin

The epitome of great orienteering is great terrain, which is well mapped, great courses and great competitiveness. The QB weekend encompassed all three and the elite test between NZ's Melrose Pinestars and the Australian Bushrangers added the extra excitement. On Day 3, with the crowd urging her on, NZ's final runner Marquita Gelderman pulled off a great win to enable the NZ women's team to draw with the strong Australians. After 3 days of intense competition, in which the lead changed twice, Bushrangers Anna Sheldon, Orla Murray and Hanny Alliston commanded the top 3 places until Marquita's experience and stamina made the difference. The NZ men were convincing in their win and also took 6 of the top 7 places in the overall results with only Robbie Preston matching them in the forested sand dune terrain. On behalf of the Pinestars and the Bushrangers I would like to thank all concerned with the organization of the event, especially Paul with his commentary adding that extra excitement.

### Elite Test Match Points

	New Zealand		
	W21E	M21E	Total
Day 1	10	27	37
Day 2	29	21	50
Day 3	15	29	44
<b>Total</b>	54	77	131

	Australia		
	W21E	M21E	Total
	26	9	35
	7	15	22
	21	7	28
	54	31	85

### Course lengths and grade combinations

Course	Men	Women	Day 1	Day 2	Day 3
			km	km	km
1	M21E		12.6	6.0	11.8
2a		W21E	8.1	4.6	7.3
2b	M20A, M21A, M35A		6.7	5.9	6.7
3	M18A, M40A, M45A		6.3	5.4	5.2
4	M50A, M21AS	W20A, W21A, W35A, W40A	5.3	4.8	4.4
5a	M55A, M60A, M40AS		4.8	4.1	3.7
5b	M16A	W18A, W45A, W50A	4.7	4.1	3.7
6	M65A	W55A, W21AS, W16A	3.3	2.7	3.0
7	M70A, M75A, M80A	W60A, W65A, W40AS	2.3	2.3	2.0
9	M14A, M16B, M40B, M18B, M21B	W18B, W21B	2.3	3.5	3.2
10	M50B	W14A, W16B, W40B, W50B	2.0	2.6	2.7
11	M12A, M14B, M21C	W12A, W14B, W21C	1.8	1.9	3.0
12	M10, M12B	W10, W12B	1.2	1.7	2.0

**M21E (30)**

1	Chris Forne	PAPO	1:28:35	1	41:26	7	1:26:08	3	3:36:09
2	Mark Lawson	NW	1:31:38	2	39:11	3	1:26:58	5	3:37:47
3	Darren Ashmore	TPO	1:38:50	8	38:35	2	1:23:58	2	3:41:23
4	Rob Jessop	AOC	1:37:13	5	40:27	5	1:23:56	1	3:41:36
5	Neil Kerrison	EG	1:36:25	4	41:32	8	1:28:58	6	3:46:55
6	Robbie Preston	NC-N	1:44:32	15	38:31	1	1:26:53	4	3:49:56
7	Karl Dravitzki	EG	1:38:19	7	42:45	13	1:29:33	8	3:50:37
8	Reuben Smith	TT-S	1:34:22	3	42:11	10	1:35:26	11	3:51:59
9	Aaron Prince	PAPO	1:41:16	11	44:11	15	1:29:31	7	3:54:58
10	Bill Edwards	HV	1:43:19	14	39:47	4	1:32:33	10	3:55:39
11	Bruce Arthur	MF-V	1:41:42	12	44:34	19	1:38:36	16	4:04:52
12	Craig Dufty	BO-W	1:41:52	13	44:26	18	1:38:35	15	4:04:53
13	Michael Smithson	PAPO	1:44:40	16	45:19	20	1:36:08	13	4:06:07
14	Alistair Cory-Wright	PAPO	1:39:37	10	45:37	21	1:40:58	17	4:06:12
15	Ian Meyer	SH-N	1:56:27	21	41:32	8	1:30:07	9	4:08:06
16	Bryn Davies	RK	1:39:09	9	44:16	16	1:47:46	21	4:11:11
17	Simon Goddard	YV-V	1:52:32	20	43:45	14	1:36:01	12	4:12:18
18	Michael Adams	PAPO	1:45:09	18	52:30	25	1:36:33	14	4:14:12
19	Andrew McCarthy	HV	1:51:39	19	44:16	16	1:44:25	19	4:20:20
20	Martin Peat	CM	1:56:33	22	42:19	11	1:43:39	18	4:22:31

Fraser Mills	AOC	mp	52:01	24	mp		
David Stewart	AOC	mp	48:13	22	2:17:36	22	
James Bradshaw	WOC	1:44:53	17	41:12	6	mp	
Jeff Greenwood	AOC	1:57:24	23	48:45	23		
Joe Jagusch	PAPO	2:09:19	25	dns	2:51:39	23	
Tim Renton	AOC	2:01:51	24	53:21	26	dns	
Greg Flynn	HAM	dns	42:29	12	1:44:39	20	
Stu Barr	NW	1:38:14	6	dns	dns		
Phil Wood	NW	dns	dns	dns	dns		
Brent Edwards	CM	dns	dns	dns	dns		

**M21A (4)**

1	Paul Frith	HBOC	1:09:12	1	1:00:06	1	1:13:24	1	3:22:42
2	Ramash Swamy	EG	1:24:04	3	1:10:20	2	1:56:54	2	4:31:18
	Nick Harris	NW	1:21:05	2	1:43:49	4	mp		
	Claude Dabaliz	AOC	1:53:45	4	1:32:45	3	mp		

**M35A (6)**

1	Patrick Kunz	HAM	57:26	1	58:14	3	1:04:43	1	3:00:23
2	Dave Crofts	AOC	1:10:08	2	53:52	1	1:18:15	4	3:22:15
3	William Power	WOC	1:16:56	3	1:00:53	4	1:11:38	2	3:29:27
4	John Hancock	WOC	1:19:14	4	57:20	2	1:14:07	3	3:30:41
5	Allan Janes	NW	1:26:34	6	1:30:46	6	1:48:19	5	4:45:39
	Martin Freeman	PAPO	1:23:09	5	1:20:27	5	dns		

**M18A (7)**

1	Daniel Stott	ROT	59:39	1	54:57	2	1:07:22	3	3:01:58
2	Sam McNally	ROT	1:04:29	2	59:03	3	1:02:33	1	3:06:05
3	Robert Paterson	RK	1:17:12	3	54:44	1	1:06:28	2	3:18:24
4	James Kuegler	CM	1:54:19	7	1:13:37	4	1:56:03	4	5:03:59
	James Watson	HBOC	1:42:40	5	1:28:52	5	mp		
	Aiden Ellmers	HBOC	1:32:21	4	1:37:05	6	dns		
	Sam Henry	CM	1:51:33	6	mp				

**M40A (9)**

1	Pete Swanson	AOC	59:09	2	55:16	3	1:01:10	1	2:55:35
2	Paul Dalton	WAI	59:21	3	54:04	2	1:03:57	2	2:57:22
3	Alan Horn	WOC	1:10:28	4	52:41	1	1:11:25	3	3:14:34
4	Hamish Goodwin	HBOC	54:41	1	1:02:19	5	1:23:08	6	3:20:08
5	Andrew McNeill	EG	1:13:50	5	55:29	4	1:17:03	4	3:26:22
6	Neil Higgins	EG	1:16:48	6	1:05:59	8	1:49:32	8	4:12:19
7	Craig Pearce	AOC	1:32:58	8	1:09:59	9	1:43:04	7	4:26:01
	Malcolm Gawn	AOC	1:22:45	7	1:04:55	7	mp		
	Guy Cory-Wright	AOC			1:04:05	6	1:23:01	5	

**M45A (8)**

1	Geoff Mead	NW	1:02:57	1	47:43	1	54:43	1	2:45:23
2	Paul Gilkison	NW	1:09:46	3	1:02:57	4	1:12:38	3	3:25:21
3	Peter Watson	HBOC	1:08:26	2	51:24	2	1:27:38	4	3:27:28
4	Don Paterson	EG	1:17:05	6	1:06:14	5	1:04:33	2	3:27:52
5	Bruce Peat	CM	1:15:35	5	1:02:15	3	1:35:10	5	3:53:00
	Alan Oates	HBOC	1:27:40	7	1:15:28	6	dns		
	Arthur Giffney	HAM	1:11:28	4					
	Mark Roberts	AOC					dns		

**M50A (12)**

1	Michael Wood	HV	50:01	1	37:51	1	51:42	1	2:19:34
2	Derek Morrison	HBOC	58:56	4	50:22	2	1:02:35	3	2:51:53
3	Nick Collins	EG	1:03:02	6	57:26	8	55:15	2	2:55:43
4	Rob Hattie	CM	54:28	2	54:40	6	1:07:58	4	2:57:06
5	Roel Michels	NW	57:06	3	1:22:38	11	1:11:41	5	3:31:25
6	Tony Paterson	RK	1:10:55	9	53:46	5	1:27:42	6	3:32:23
7	Robert Newbrook	EG	1:01:56	5	52:31	3	1:42:23	8	3:36:50
8	Tom Davies	AOC	1:10:44	8	52:52	4	1:40:27	7	3:44:03
	Jim Alpe	WAI	1:36:40	10	1:00:36	10	mp		
	Allan Grant	DOC	1:41:01	11			2:54:42	9	
	Les Warren	HAM	1:07:23	7	56:47	7			
	Ross Davies	RK	dns		59:56	9	mp		

**M21AS (11)**

1	Robert Murphy	NW	55:08	2	44:46	2	55:32	2	2:35:26
2	Rudy Hlawatsch	AOC	52:53	1	55:28	7	1:02:40	3	2:51:01
3	Nic Gorman	HV	1:10:37	5	55:20	5	1:18:40	6	3:24:37
4	Jamie Munro	AOC	1:23:46	6	59:54	9	1:25:48	7	3:49:28
	Trevor Carswell	NW			52:23	4	mp		
	Bryce Brighthouse	CM	56:35	3	51:37	3			
	Darren Gosse	NW			55:25	6	1:14:54	5	
	Mark Hudson	HBOC			39:09	1	46:28	1	
	Peter Murphy	CM	1:05:23	4	56:57	8	mp		
	Andrew Bell	NW			dns		1:09:44	4	
	Nick Monteith	AOC					2:38:27	8	

**M55A (21)**

1	Dave Middleton	NW	47:40	2	36:06	1	41:31	4	2:05:17
2	Ross Brighthouse	CM	45:41	1	39:25	2	40:33	3	2:05:39
3	Mike Beveridge	NW	51:28	4	42:43	3	42:28	5	2:16:39
4	Alistair Stewart	AOC	55:29	6	45:00	4	37:24	1	2:17:53
5	Stan Foster	NW	51:40	5	46:48	5	47:01	6	2:25:29
6	Terje Moen	NW	1:02:11	7	50:46	6	50:11	7	2:43:08
7	Lyndsay Shuker	CM	1:08:23	12	50:59	7	54:45	8	2:54:07
8	Jim Barr	WAI	1:02:28	8	53:02	9	1:02:23	13	2:57:53
9	Neil Kane	WOC	1:05:10	9	51:05	8	1:02:45	14	2:59:00
10	Bruce Henderson	HV	1:05:58	10	56:35	11	58:16	10	3:00:49
11	Malcolm Mack	WHO	1:15:26	13	54:44	10	58:38	11	3:08:48
12	Neil Lewis	CM	1:20:40	14	1:01:26	12	58:03	9	3:20:09
13	Leon McGivern	AOC	1:38:48	17	1:16:24	16	1:03:47	15	3:58:59
14	Wayne Munro	AOC	1:41:44	18	1:12:23	13	1:39:35	16	4:33:42
	David Edmonds	WOC	1:26:13	16	mp		dns		
	Lyndon Haugh	PLD	1:21:33	15	1:14:17	15			
	Robin Ambler	NW			mp		1:00:43	12	
	Rob Garden	NW	49:57	3			39:09	2	
	Brian Long	CM	dns		1:12:23	13	dns		
	Graham Still	TPO	1:08:18	11					
	Phillip Johansen	NW							

**M60A (7)**

1	Mike Ashmore	AOC	58:50	1	59:10	1	1:04:43	3	3:02:43
2	Gary Farquhar	NW	1:11:43	2	1:08:11	4	1:01:44	2	3:21:38
3	Vee Smirnov	AOC	1:28:14	5	1:06:49	3	58:40	1	3:33:43
	Miles Paver	NW	2:21:12	6	mp		1:49:27	4	
	John Powell	AOC	1:16:54	3	1:04:33	2			
	Chris Gelderman	NW	1:21:27	4			mp		
	Mike Williams	WHO			1:22:43	5			

**M40AS (7)**

1	Norm Jager	AOC	1:09:10	1	1:02:10	2	1:06:36	2	3:17:56
2	Nicholas Oram	AOC	1:15:50	2	1:03:29	3	1:06:42	3	3:26:01
3	Clive Bolt	AOC	1:23:59	4	1:20:15	5	1:07:57	4	3:52:11
4	Stephen Reynolds	NW	2:18:01	6	1:39:17	6	1:37:28	5	5:34:46
	Al Smithies	NW	1:18:34	3	1:18:07	4	mp		
	Rolf Wagner	NW	dns		55:28	1	51:45	1	
	George Iles	CM	1:26:36	5					

**M16A (12)**

1	Andrew Peat	CM	48:09	4	30:46	1	38:26	4	1:57:21
2	Alastair Long	CM	49:24	5	36:15	2	35:27	2	2:01:06
3	Thomas Reynolds	NW	42:20	1	49:23	5	35:51	3	2:07:34
4	Jack Vincent	HBOC	47:38	2	1:02:02	9	34:54	1	2:24:34
5	Ciaran Murphy	CM	53:06	6	48:34	4	54:27	8	2:36:07
6	Paul Smith	HBOC	1:09:09	10	42:20	3	48:54	7	2:40:23
7	Thomas Higgins	EG	53:17	7	56:55	6	1:08:22	11	2:58:34
8	Andy Nicholls	CM	1:02:58	9	1:01:34	8	1:02:21	10	3:06:53
9	Martin Spencer	CM	1:35:18	11	57:53	7	1:00:31	9	3:33:42
	Daniel Edmonds	WOC	57:37	8	1:12:15	10	mp		
	Simon Jager	AOC	48:00	3	mp		45:12	6	
	Logan Crawford	ROT	dns		1:14:03	11	41:24	5	

**M65A (6)**

1	John Robinson	CM	52:52	2	29:34	1	42:42	1	2:05:08
2	Terry Nuthall	AOC	42:31	1	41:03	3	55:38	2	2:19:12
3	Peter Godfrey	NW	1:01:02	4	49:29	5	57:05	3	2:47:36
4	Tom Clendon	AOC	1:06:07	5	45:36	4	58:37	4	2:50:20
5	Colin Tait	WAI	58:28	3	56:30	6	1:12:28	6	3:07:26
	Rhys Thompson	WHO			37:56	2	1:00:33	5	

**M70A (2)**

1	Bert Chapman	NW	39:18	1	46:14	1	1:02:35	1	2:28:07
2	Phil Mellisop	NW	43:08	2	49:47	2	1:24:47	2	2:57:42

**M80A (1)**

1	Ralph King	NW	1:07:46	1	1:05:48	1	1:21:50	1	3:35:24
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**M21B (5)**

1	Owen Means	NW	24:42	2	43:26	1	47:56	1	1:56:04
	Tony Van Dyk	HV	39:19	4	mp		1:42:43	2	
	Nick Monteith	AOC	32:18	3	57:54	3			
	Tim Eagle	NC			49:07	2			
	Mark Hudson	HBOC	21:03	1					

**M14A (7)**

1	Toby Scott	AOC	24:33	2	40:53	2	48:25	1	1:53:51
2	Nick Mead	NW	30:31	6	43:36	3	55:22	2	2:09:29
3	Duncan Morrison	HBOC	20:26	1	38:56	1	1:17:36	5	2:16:58
4	Jourdan Harvey	CM	25:31	3	50:37	4	1:04:06	4	2:20:14
	Gene Beveridge	NW	28:36	4	mp		1:00:03	3	
	Jack Edmonds	WOC	30:24	5	mp		dns		
	Andrew Mcleod	CM	dns		dns		dns		

**M40B (3)**

1	Gary Patton	HBOC	53:54	1	1:11:47	1	1:33:47	1	3:39:28
	Stuart Gray	NC					mp		
	David Ware	NC				1:44:53		2	

**M50B (2)**

1	John Barrett	NW	44:39	2	41:19	1	43:57	1	2:09:55
2	David Scott	AOC	38:10	1	43:28	2	1:01:10	2	2:22:48

**M10 (6)**

1	Liam Paterson	EG	10:38	1	18:00	2	18:05	2	46:43
2	Benjamin Reynolds	NW	17:22	3	14:26	1	16:53	1	48:41
3	Steven Simpson	ROT	14:25	2	18:51	3	24:43	5	57:59
	Ed Cory-Wright	PAPO	dns		20:05	4	22:30	4	
	Alex Boyd	AOC					1:04:02	6	
	Tristan Ware	NW					20:00	3	

**W21E (18)**

1	Marquita Gelderman	NW	1:13:05	5	34:17	2	1:04:45	1	2:52:07
2	Tania Robinson	CM	1:11:35	3	33:20	1	1:08:33	8	2:53:28
3	Hanny Allston	AL-T	1:09:48	1	36:50	4	1:08:09	5	2:54:47
4	Danielle Winslow	AL-T	1:12:46	4	39:22	8	1:07:27	4	2:59:35
5	Anna Sheldon	UG-Q	1:09:50	2	45:07	13	1:05:56	2	3:00:53
6	Penny Kane	WOC	1:16:33	8	37:03	5	1:08:45	9	3:02:21
6	Rebecca Smith	TPO	1:16:24	7	37:45	6	1:08:12	6	3:02:21
8	Orla Murray	UR-N	1:16:46	9	39:37	9	1:06:56	3	3:03:19
9	Kathryn Ewels	CH-V	1:14:36	6	40:26	10	1:08:27	7	3:03:29
10	Amber Morrison	HBOC	1:18:44	10	36:42	3	1:10:05	10	3:05:31
11	Sara Wallen	PAPO	1:20:10	11	38:40	7	1:12:07	11	3:10:57
12	Lara Prince	PAPO	1:23:56	12	44:42	12	1:15:04	12	3:23:42
13	Lisa Frith	NW	1:25:18	13	41:21	11	1:17:15	13	3:23:54
14	Rachel West	BO-W	1:28:53	14	49:53	16	1:34:32	16	3:53:18
15	Lise Moen	NW	1:46:57	15	49:39	15	1:26:28	14	4:03:04
	Emily Wall	PAPO	mp		1:17:03	17	1:31:13	15	
	Piret Klade	RK			mp		1:45:44	17	
	Natalie Rouse	CM			47:45	14			

**W21A (6)**

1	Susan Edwards	HV	1:12:51	2	51:06	1	1:01:54	1	3:05:51
2	Nicole Joho	OK Argus	1:16:09	3	55:39	2	1:13:45	3	3:25:33
3	Sarah Underwood	WOC	1:16:48	4	1:05:05	3	1:12:44	2	3:34:37
	Natalie Rouse	CM	1:04:51	1			1:17:07	4	
	Melvina Wise	AOC					1:49:42	5	
	Christina Renhart	PAPO	dns		mp		dns		

**W35A (7)**

1	Jeanine Browne	CM	56:00	2	44:42	1	55:21	1	2:36:03
2	Maja Kunz	HAM	49:56	1	47:40	2	1:01:07	2	2:38:43
	Mandy Hancock	WOC	1:06:51	3	51:43	3	mp		
	Mary Wadsworth	AOC			1:19:59	5	mp		
	Anne Lowerson	NW			1:09:47	4	2:18:01	4	
	Debbie Chambers	NW			1:25:12	6	1:42:41	3	
	Alison Comer	AOC	dns		dns		dns		

**W18A (6)**

1	Rita Homes	WOC	52:33	1	39:48	1	51:21	2	2:23:42
2	Emma Watson	HBOC	58:25	2	1:08:17	3	40:26	1	2:47:08
3	Ane Tinmannskik	EG	1:12:44	3	1:07:22	2	1:05:56	3	3:26:02
4	Caroline Vincent	HBOC	2:28:59	5	1:44:46	4	1:33:18	4	5:47:03
	Tineke Berthelsen	HAM	1:19:10	4	dns		mp		
	Frances Peat	CM					dns		

**W40A (7)**

1	Roz Clayton	PAPO	56:16	1	46:53	2	1:04:03	1	2:47:12
2	Raewyn Simpson	ROT	1:03:16	3	49:56	3	1:35:44	3	3:28:56
3	Nicola Kinzett	AOC	1:09:29	4	59:18	4	1:37:40	4	3:46:27
4	Jay Paterson	EG	1:12:28	5	1:16:50	6	1:42:20	5	4:11:38
5	Suzanne Scott	EG	1:31:55	6	1:05:32	5	1:59:56	6	4:37:23
	Jean Cory-Wright	PAPO	57:16	2	46:14	1	mp		
	Iryna Smirnova	AOC	mp		1:18:59	7	1:24:07	2	

**W45A (6)**

1	Lisa Mead	NW	48:04	1	44:51	1	42:55	2	2:15:50
2	Phillippa Poole	NW	55:56	2	46:36	2	41:54	1	2:24:26
3	Penny Brothers	NW	1:07:07	4	51:55	3	59:40	3	2:58:42
	Di Michels	NW	57:34	3	56:54	4	dns		
	Katherine Luketina	HAM	1:53:25	6					
	Hilary Iles	CM	1:16:49	5					

**W50A (3)**

1	Ngairie Davies	RK	1:05:15	1	1:10:04	3	1:20:12	3	3:35:31
2	Joanna Stewart	AOC	1:24:11	2	1:09:40	1	1:06:50	1	3:40:41
3	Jill Smithies	NW	1:54:01	3	1:09:43	2	1:14:12	2	4:17:56

**W21AS (7)**

1	Jennifer Trinick	AOC	1:01:52	1	1:01:53	4	1:29:14	5	3:32:59
	Alison Carswell	NW			38:06	1	58:29	2	
	Elke Haag	NW			38:56	2	1:06:40	3	
	Marit Moen	NW			1:00:52	3	52:09	1	
	Diane Lucas	HBOC	mp		1:07:26	5			
	Lisa Roberts	AOC			1:09:06	6			
	Lyn Stanton	AOC					1:20:15	4	

**W55A (15)**

1	Jill Dalton	NW	49:44	2	39:37	2	46:47	1	2:16:08
2	Mary Moen	NW	1:01:48	6	39:47	3	59:50	5	2:41:25
3	Kate Fortune	WOC	49:22	1	43:34	4	1:11:09	9	2:44:05
4	Dorothy Kane	WOC	58:06	4	56:31	8	53:15	2	2:47:52
5	Unni Lewis	CM	1:09:18	8	37:11	1	1:06:25	8	2:52:54
6	Bev Shuker	CM	1:11:49	10	46:23	5	1:02:44	7	3:00:56
7	Philippa Henderson	HV	1:00:17	5	1:00:55	9	1:16:48	11	3:18:00
8	Janice Little	AOC	1:12:20	11	1:15:52	10	1:14:05	10	3:42:17
9	Helen Bolt	AOC	1:18:22	12	1:36:25	11	1:30:45	13	4:25:32
	Glen Middleton	NW	1:32:05	14	51:33	7	mp		
	Kathleen Farquhar	NW	55:51	3	mp		59:27	4	
	Barbara Barr	WAI	1:09:00	7	mp		1:30:31	12	
	Robyn Davidson	RK	1:20:49	13	mp		59:54	6	
	Annie Grant	DOC	1:11:11	9			2:01:55	14	
	Lesley Stone	NW			47:28	6	58:52	3	

**W60A (3)**

1	Val Robinson	CM	42:42	1	41:34	1	1:04:20	1	2:28:36
2	Rae Powell	AOC	49:32	3	51:24	2	1:08:28	2	2:49:24
3	Yett Gelderman	NW	48:21	2	52:41	3	1:14:34	3	2:55:36

**W40AS (5)**

1	Chris Jager	AOC	46:26	2	1:11:15	4	58:23	1	2:56:04
2	Ruth Vincent	HBOC	1:05:01	4	52:05	2	1:47:03	3	3:44:09
	Beverley Holder	WOC	41:33	1	45:56	1	mp		
	Kathryn Edmonds	WOC	59:43	3	1:02:53	3	dns		
	Gay Ambler	NW			mp		1:27:50	2	

**W16A (5)**

1	Melanie Michels	NW	37:43	1	38:35	1	42:31	1	1:58:49
2	Cara McDonald	HBOC	44:42	2	51:16	2	49:31	2	2:25:29
3	Helen Watson	HBOC	57:55	4	59:12	3	58:05	3	2:55:12
4	Kate Morrison	HBOC	1:06:32	5	1:02:56	4	1:10:05	4	3:19:33
5	Imogen Scott	AOC	57:06	3	1:20:52	5	1:11:02	5	3:29:00

**W65A (2)**

1	Heather Clendon	AOC	1:02:07	2	1:00:53	1	1:28:22	1	3:31:22
	Jill Brewis	AOC	58:21	1	1:07:55	2	mp		

**W21B (3)**

	Victoria Pike	NW	52:16	1	1:14:59	1	mp		
	Jo Swamy	EG	1:03:22	2	mp		2:44:01	1	
	Rosie Hewlett	AOC							

**W14A (7)**

1	Sarah Gilkison	NW	23:33	1	23:23	1	32:58	1	1:19:54
2	Claire Dinsdale	WOC	26:50	2	29:26	3	42:32	2	1:38:48
3	Angela Simpson	ROT	28:54	3	38:11	5	42:59	3	1:50:04
4	Emily Murphy	CM	33:45	4	26:21	2	57:58	5	1:58:04
5	Alina Smirnova	AOC	35:09	5	37:11	4	45:50	4	1:58:10
6	Katherine Reynolds	NW	38:25	6	56:43	6	1:14:15	6	2:49:23
	Nicola Peat	CM							dns

**W40B (3)**

1	Bronwyn Holcombe	AOC	45:02	1	1:05:57	1	1:57:56	2	3:48:55
	Louise Porteous	NC					1:47:00	1	
	Briar Peat	CM					dns		

**W50B (2)**

1	Heather Whelan	WHO	46:12	1	1:07:36	1	1:10:49	1	3:04:37
	Lynn Ashmore	AOC			1:29:35	2	mp		

**W12A (5)**

1	Erin Paterson	EG	23:47	1	33:50	3	50:37	2	1:48:14
2	Lydia Scott	AOC	28:09	4	33:18	2	49:30	1	1:50:57
3	Kate Smirnova	AOC	25:07	2	23:39	1	1:16:24	5	2:05:10
4	Renee Beveridge	NW	26:52	3	34:45	4	1:10:25	3	2:12:02
5	Siri Kunz	HAM	29:35	5	36:15	5	1:13:23	4	2:19:13

**W14B (2)**

	Anna Gray	NC					1:58:00	1	
	Hayley Ware	NW					1:58:00	1	

**W21C (4)**

Renee Brocas	AOC	22:33	1	30:38	3		
Debbie Hudson	HBOC			28:22	2	59:53	1
Jill Davies	NC	49:20	2	27:27	1		
Mandy Roxburgh	CM	1:13:57	3	mp		dns	

**W10 (1)**

1 Kina Kunz	HAM	22:55	1	26:06	1	34:52	1	1:23:53
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